



MICHELLE TAN

AUTISM CONSULTANT AND CHILD COUNSELLING PSYCHOTHERAPIST



QUALIFICATIONS

- Bachelor of Arts
- Post Graduate Diploma in Education
- Post Graduate Certificate in Asperger's Syndrome
- Qualified Teacher Status (QTS)
- ADOS trained to clinical reliability
- TEACCH
- SCERTS
- Healthy Minds (National Autistic Society accredited)
- Early Bird Plus trainer (National Autistic Society accredited)
- Autism Education Trust qualified trainer (Primary)

Mental Health:

- Mental Health First Aid (youth)
- Adaptive Mentalization-Based Integrative Treatment (AMBIT)
- Advanced Diploma in the Therapeutic and Educational Application of the Arts
- Certificate in Counselling Skills
- Post Graduate Diploma in Child Psychotherapy studies
(Registered Member MBACP of BACP)
- Certified coach (adults)

CONTACT

michelletan.consultancy@gmail.com

ABOUT ME

I am a dedicated and compassionate practitioner with over 20 years' experience working with school aged children and young people (0-19yrs) in both specialist and mainstream settings.

I have had many roles, some of them being - Primary teacher, SENCo, Autism Advisor, and Joint Head of the Autism Advisory Service (Wandsworth). I have worked with a variety of multi-disciplinary teams across London. The most recent being the Evelina Centre (Guys and St Thomas' Hospital) where I worked with the Principal Clinical Psychologist and her team to research an autism and anxiety program. I am ADOS trained to clinical reliability and have been an integral part of the Multi-Disciplinary Assessment Team in Wandsworth.

Recently I have completed my studies as a Child Counselling Psychotherapist (Registered Member MBACP of BACP). I am able to work therapeutically with children and young people on a variety of interventions to support and foster their mental health, including integrative arts based therapy, play therapy, and CBT based programs which focus on anxiety. I am also able to work with staff and parents to support them with basic mental health and/ or provide coaching support on a current area of difficulty.

I am able to demonstrate expertise within the field of autism in education and am able to make informed decisions on the most appropriate support for my clients. This might include an individual student programme, training across a range of autism related topics, creating bespoke resources, and/ or working as part of a Team Around the Child. There are many more options I am able to offer - please don't hesitate to get in touch to discuss how we can work together to create a bespoke plan to suit your needs.

TESTIMONIAL

Michelle has great integrity, and fully respects the needs of her client group. Michelle has a keen intelligence and is a highly reflective

practitioner. She is highly creative, having initiated a range of new interventions both for her students and for those who teach them

- Michael Reeves (Head Teacher Garratt Park School)

[Michelle] has a sound knowledge and understanding of autism and the strategies and resources available, including an appreciation of associated conditions, such as anxiety. She has a genuine interest and empathy with her clients.

- Dr Daphne Keen (Consultant Neurodevelopmental Paediatrician)